

Coaching Toward Change

Group Coaching Session: Young Non Profit Professionals

As someone entering the Non Profit Sector, are you seeking to secure a leadership position? To be successful, it's essential that you:

- **Identify** professional goals and break these goals down into manageable steps
- **Increase** confidence
- **Develop** leadership skills
- **Stop** procrastinating
- **Manage conflict** and stressful encounters skillfully
- **Communicate** more effectively with co-workers

Leaders partnering with a coach tackle challenges with improved creativity, inspiration, resiliency, and confidence. Participants in group coaching find their inner passion and purpose, overcome challenges in reaching their goals, feel less overwhelmed, and make the best choices for themselves.

After 12 weekly calls with the coach and peers, you will have the improved skills and confidence to succeed at your current job and to seek new career opportunities.

Why group coaching?

- Join with others in a supportive setting who work in similar situations
- **Groups are limited to seven participants**, ensuring a more personalized experience
- Get acquainted with the coaching process without committing to one-on-one sessions
- It's affordable - \$125 per month

Contact Stacie Clary at 831-419-5432, stacie@coachingtowardchange.com, or visit www.coachingtowardchange.com for more information.

Coaches motivate and inspire their clients to do more and reach higher, support them in breaking down large goals into manageable steps, and hold them accountable to their commitments to quickly produce results.
