

Coaching Toward Change

Group Coaching Session: Women Leaders of Nonprofits

Leaders partnering with a coach tackle challenges with improved creativity, inspiration, resiliency, and confidence. Participants in group coaching find their inner passion and purpose, overcome challenges in reaching their goals, feel less overwhelmed, and make the best choices for themselves.

Join your fellow women leaders in 12 weekly dynamic, fruitful, and fun gatherings to:

- **Identify** professional goals and break these goals down into manageable steps
- **Increase** confidence
- **Develop** leadership skills
- **Take charge** of your professional training and growth
- **Stop** procrastinating
- **Manage conflict** and stressful encounters skillfully
- **Communicate** more effectively with co-workers

Why group coaching?

- Connect with others in a supportive setting who work in similar situations
- Groups are limited to seven participants, ensuring a more personalized experience
- Get acquainted with the coaching process without committing to one-on-one sessions
- It's affordable - \$125 per month

Coaches motivate and inspire their clients to do more and reach higher, support them in breaking down large goals into manageable steps, and hold them accountable to their commitments to quickly produce results.

Contact Stacie Clary at 831-419-5432, stacie@coachingtowardchange.com, or visit www.coachingtowardchange.com for more information.