

Coaching Toward Change

Group Coaching Session: Executive Directors of Small Organizations

Executive Directors leading organizations with fewer than five staff face their unique challenges.

Do these challenges sound familiar?

- You wear too many hats: manager, fundraiser, H.R., program development, bookkeeper, IT manager.
- You founded the organization from a passion but feel bogged down in administration and fundraising.
- You feel overwhelmed trying to perform each role perfectly, yet each area is suffering.
- If you take a vacation, the entire organization falters.

Leaders partnering with a coach tackle challenges with improved creativity, inspiration, resiliency, and confidence. Participants in group coaching find their inner passion and purpose, overcome challenges in reaching their goals, feel less overwhelmed, and make the best choices for themselves.

After 12 weekly calls with the coach and peers, you will achieve more at your organization by learning to:

- **Identify** personal and professional goals and break these goals down into manageable steps
- **Improve** your ability to develop concrete long-term and fundraising plans
- **Increase** confidence and leadership skills
- **Manage** conflict and stressful encounters skillfully
- **Believe** in yourself, your talents, and your decisions
- **Communicate** more effectively with co-workers
- **Collaborate** more productively
- **Take time** for yourself - leading to better health and enjoyment

Coaches motivate and inspire their clients to do more and reach higher, support them in breaking down large goals into manageable steps, and hold them accountable to their commitments to quickly produce results.

Why group coaching?

- Join with others in a supportive setting who work in similar situations
- Groups are limited to seven participants, ensuring a more personalized experience
- Get acquainted with the coaching process without committing to one-on-one sessions
- It's affordable - \$125 per month

Contact Stacie Clary at 831-419-5432, stacie@coachingtowardchange.com, or visit www.coachingtowardchange.com for more information.